NICE TO MEET YOU

- **WANDA COLLINS, PH.D.**
  Assistant Vice President and Director, Counseling & Psychological Services

- **ALLISON BUTLER, PH.D., CRC**
  Director & ADA Compliance Officer, Department of Accessibility Services

- **SHARON RABINOVITZ, MD**
  Executive Director & Interim Assistant Vice President, Emory University Student Health Services

- **SHARI OBRENTZ, PH.D.**
  Associate Dean, Office for Undergraduate Education

- **BRIDGET GUERNSEY RIORDAN, PH.D.**
  Assistant Vice President of Campus Life and Parent and Family Programs
COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)

WANDA COLLINS, PH.D.
Assistant Vice President and Director

LOCATION
1462 Clifton Road, Suite 235

HOURS
Monday–Friday, 8:30am - 5:00pm

PHONE NUMBER
(404) 727-7450

WEBSITE
emory.edu/counseling

Clinical Staff: Psychologists, Clinical Social Workers, Doctoral Interns, & Postgraduate Fellows in Psychology/Social Work. During times of peak demand, we hire additional licensed contract clinicians.
COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)

PURPOSE OF CAPS

The purpose of CAPS is to support the academic mission of the university and help students get the most out of their time at Emory.

CAPS provides confidential mental health services. Contact with our office is not part of a student’s academic record.

CAPS SERVICES

- Initial screenings
- Brief Individual and Couples Counseling
- Group Therapy
- Crisis Support
- Referrals to Community Providers: emory.thrivingcampus.com
- Stress Management & Biofeedback Classes
- Community Outreach and Interventions
- Anonymous, Online Mental Health Assessments: www.ulifeline.org/emory/self_evaluator

NOTE: Psychiatric/Medication Management services are available in Student Health Services.
FREQUENTLY ASKED QUESTIONS

HOW MUCH DO SERVICES COST?
There are no charges for CAPS services other than no-show fees ($30-$50) for missed appointments. CAPS services are included as part of many programs offered by multiple offices under the Mental Health Fee ($87/semester).

HOW DO STUDENTS MAKE AN INITIAL SCREENING APPOINTMENT?
Call CAPS at 404-727-7450 to schedule.

WHAT IF I WANT TO SEE A THERAPIST OFF CAMPUS?
CAPS can help with referrals: emory.thrivingcampus.com/.

If you have Aetna student insurance, you will need to activate a referral. Call CAPS (404-727-7450) or SHS-Psychiatry (404-727-6145) to have your referral activated or renewed (every August if continuing treatment).

WHO IS THE BEST POINT OF CONTACT IF MY STUDENT IS STRUGGLING?
Residence Life staff, SIS Team, CAPS Triage appointment, or Emory Police Department. There are more crisis resources on our website.
Telehealth: Offering most services using a HIPAA-compliant Zoom platform. This includes individual therapy, crisis support, therapy groups (e.g., Black graduate student group, women’s group) and discussion/support groups (e.g., grief & loss).

Virtual workshop series: managing stress and anxiety; social distancing and social isolation; prepare for procrastination; virtually mindful drop-in groups; stress clinic.

Fun Finn Fridays

Social Media with weekly self-care tips. @EMORYCAPS
TRANSITION OF MENTAL HEALTH CARE
WHAT YOU CAN DO NOW TO PREPARE

▶ **Educate your student:** Your student will be assuming responsibility for their healthcare. Talk with them about how to use insurance, schedule appointments, and about the importance of self-care generally. Invite them to let you know if they begin to struggle so you can offer support.

▶ **Insurance coverage:** Check your insurance company’s out-of-network and out-of-state coverage for mental health. Compare it to Emory’s student insurance plan.

▶ **Find a local provider:** If your student has needed ongoing mental health support at home, identify a community provider here who can offer long-term support. emory.thrivingcampus.com/

▶ **Tuition insurance:** Consider tuition insurance if there is any history of mental illness with your student or in your family. Primary age of onset for most mental illness is ~18-25.
CONCERNED ABOUT YOUR STUDENT?

THE CENTER FOR STUDENT SUCCESS PROGRAMS & SERVICES (CSSPS)

(CSSPS) provides support – from everyday assistance to crisis intervention -- to empower students in their holistic growth and development during their Emory experience.

PHONE NUMBER
(404) 727-4193

WEBSITE
success.emory.edu

CSSPS
Crisis support & case management (academic, medical, financial, & social challenges).
Student of Concern Referral Form

STUDENT INTERVENTION SERVICES
Phone: 404-430-1120
Crisis response (but not a hotline)
24 hours per day/365 day a year
Email: SISTEAM@Emory.edu

RESPECT
24/7 on-call line: 470-270-5360
Supports students impacted by interpersonal violence
Website: Respect.Emory.edu
GOAL: DAS provides individual accommodations that reduce or remove barriers that limit the ability of students with disabilities to participate in postsecondary education. Accommodations are developed based on the functional limitations caused by a student’s disability within an academic environment.

PROCESS: Students must reach out to DAS to initiate the registration process. Documentation is collected and reviewed. If eligible under the ADA, an intake meeting is arranged to discuss an accommodation plan and steps to implementation.
ADA MEDICAL DOCUMENTATION DURING COVID-19

- Pragmatic & Flexible
- Leniency with dated documentation
  - *Provisional status considered*
- Communication
- Registration process remains the same
## Examples of Academic Accommodations

<table>
<thead>
<tr>
<th>Functional Limitations</th>
<th>Academic Accommodations</th>
</tr>
</thead>
<tbody>
<tr>
<td>A student’s ability to concentrate during tests/exams</td>
<td>Extra time to complete tests/exams</td>
</tr>
<tr>
<td>A student’s ability to meet assignment deadlines</td>
<td>No more than one test/exam scheduled per day</td>
</tr>
<tr>
<td>A student’s ability to listen and take class notes at the same time</td>
<td>Use of a note taker for class notes</td>
</tr>
<tr>
<td>A student’s ability to make class presentations</td>
<td>Assignment extensions negotiated in advance, when possible</td>
</tr>
<tr>
<td>A student’s ability to attend class during episodic flares</td>
<td>Flexibility with attendance</td>
</tr>
</tbody>
</table>
## Functional Limitations

<table>
<thead>
<tr>
<th>Accommodations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Priority Registration</td>
</tr>
<tr>
<td>Reduced course load</td>
</tr>
<tr>
<td>Housing</td>
</tr>
<tr>
<td>Paratransit Services</td>
</tr>
<tr>
<td>Alternative Textbook Formatting</td>
</tr>
</tbody>
</table>

### Functional Limitations

- A student’s treatment regimen has side effects which impact specific times of the day
- A student’s ability to maintain a full-time requirement
- A student’s ability to share a room due to medical equipment or treatment regimen
- A student’s ability to walk or access building entrances
- A student’s ability to process reading or delayed pace of reading
BARRIERS TO UTILIZING ACCOMMODATIONS

- Early Disclosure vs. Delay of Disclosure
  - *Expressed vulnerability*
- Stigma – Treated differently
- Professor Perspective
- Stress Overload
- Accommodations ≠ Success
  - *Dropping classes*
  - *Medical withdrawal*
  - *Leave of absence*

accessibility.emory.edu/students/new-to-oas/index.html
COVID & ACCOMODATIONS

**COVID** alone is not a disability

**Consider comorbid conditions** (i.e. asthma and ADHD)

**Environments dictate need** (i.e. Academics, Housing, Parking, Technology, etc)

**Virtual registration**
TRANSITION OF ACCOMMODATIONS
WHAT YOU CAN DO NOW TO PREPARE

- Initiate registration process as soon as possible
- Plan for continuum of care
- Support student advocacy
- Consult DAS with your student
STUDENT HEALTH SERVICES (SHS)

SHARON RABINOVITZ, MD
Executive Director & Interim Assistant Vice President, Emory University

PHONE NUMBER
(404) 727-7551

WEBSITE
studenthealth.emory.edu/hs/

GOALS:
- Access to Health Information
- Review Immunization Requirements
- Insurance Options and Coverage
- COVID Related Information

- **Location**: 1525 Clifton Road  Across the street from the Rollins School of Public Health

- **Hours**: Monday-Friday 8:00-5:00
  Saturday 10:00-1:00 (urgent care only) during Fall & Spring semesters
  **Summer hours**: Monday-Friday 8:30-5:00 only

- **After-hours call center** (with provider back up)
  Call the main EUSHS phone number 404-727-7551.
IMPORTANT

- ALL students can come to Student Health Services whether or not they are on the Student Health Insurance Plan.
- Visits with our providers, nurses, counselors and other staff are covered by your tuition!
- Labs, vaccines, medications, procedures, X-rays, immunizations, etc. are fee-for-service.
- Comprehensive, full-breadth primary care services and women’s health, sports medicine, nutrition (see website)
MAKING AN APPOINTMENT

SHS operates on an appointment system.

**Urgent care** appointments available on a rolling basis

SHS is *not an emergency facility.*

**Access to:** immunization upload, appointment scheduling, secure messaging, lab results, copy of bills, etc.

**Forms:** Consent for treatment, FERPA forms-release of information and health history, telehealth consent, mental health consent (consent for a minor on website)

Go to [Your Patient Portal](http://www.studenthealth.emory.edu) or by calling 404.727.7551.
FINDING THE RIGHT LEVEL OF CARE

- **Medical Call Center**-after hours and on weekends
  SHS provider back up

- **Urgent Care**
  - Peachtree Immediate Urgent Care (Emory Healthcare Network)
    [peachtreemed.com/location/decatur/](peachtreemed.com/location/decatur/)
  - Piedmont Urgent Care by WellStreet
  - Urgent Care at Druid Hills
    [urgentcareatdruidhills.com/](urgentcareatdruidhills.com/)

- **Emory University Hospital**-adjacent to campus
Students are required BY THE UNIVERSITY to be in compliance with the Emory University Immunization Requirements as guided by the CDC and ACHA.

These requirements will be part of the onboarding requirements to safely arrive on campus.

Watch the video on our website: studenthealth.emory.edu/hs/

For details and more information, visit studenthealth.emory.edu and click “Immunization Requirements”
RECOMMENDED IMMUNIZATIONS

MENINGOCOCCAL ACWY
MENINGOCOCCAL B
HPV
FLU*
HEPATITIS A
All students must have health insurance that is valid in Atlanta.

Mandatory insurance waiver process on-line via OPUS EACH FALL while enrolled at Emory.

An OPT-OUT process - will default to EUSHIP enrollment.

Insurance audit to ensure criteria are met.

Must meet Waiver Criteria: September 15, 2020

SHS Insurance Office: 404-727-7560
or email: mandatoryinsurance@listserv.cc.emory.edu
We submit to over 42 other insurances.

- We verify active status of insurance, not plan coverage.

- We do not have a contract with Tricare, Kaiser, or Medicare/Medicaid

- Blue Cross/Blue Shield (BC/BS) is now accepted.
Testing, Isolation/Quarantine and Contact Tracing!!

Comprehensive COVID triage, assessment, and testing at a separate site.

Telehealth options for those in Georgia

Testing (RT-PCR-for now)

- Fast moving landscape- more to come....
- No antibody testing at this time-not supported by evidence

Carlos Del Rio, Marybeth Sexton, Aneesh Mehta, Colleen Kraft act as subject matter experts for our operations
SHS PSYCHIATRY

- Psychiatric evaluation and follow up treatment with medication
  - Located at 1525 Clifton within SHS (1st floor)
  - Appointments: 404-727-6145
  - Telehealth for those in GA
- Accessibility
  - No referral needed
  - No provider charges during enrolled semesters
  - No limits on number of sessions
- Private and confidential
- Urgent mental health services through CAPS/SIS
THE CHECKLIST
HERE TO HELP

STUDENT HEALTH PORTAL shspnc.emory.edu
- Immunization requirements *(due July 15 – Previously July 1)*
- FERPA Forms-release of information (mental health separate)
- Consent for treatment (minor consent form on website)
- Health History

INSURANCE WAIVER by September 15
- Make sure your student has their insurance card

INFORMATION TO REMEMBER
- 1525 Clifton (Cliff bus stops in front and back of the office)
- Phone 404-727-7551 (primary care)
- Urgent care visits open up the night before on a rolling basis
- Web site studenthealth.emory.edu
TRANSITION OF STUDENT HEALTH
WHAT YOU CAN DO NOW TO PREPARE

- **See home provider** one last time—Coordination of care is KEY!
- **Update prescription** (CVS prescription transfer)
  - Ensure enough medication
  - Letter from provider for transition guidance
  - Review with provider transition plan
    - Diagnosis, Medications, and Emergency plans
  - Release of records
- **ADHD-copy of psychoeducational report, medication plan**
  - See SHS website (studenthealth.emory.edu) “new students” for referral resources
- **Make appointments in Atlanta or with Emory** Resources before or shortly after arrival
FAMILY FRIDAY WEBINAR SERIES

COMING UP NEXT

COURSE REGISTRATION
TUNE IN ON: JULY 10

HOUSING AND DINING
JULY 17

PREPARING FOR ORIENTATION
JULY 31
FALL PLANS AND RESOURCES ARE AVAILABLE AT:

emory.edu/forward

Updates regarding Orientation will be available at
college.emory.edu/orientation
THANK YOU FOR JOINING US!

THE RECORDING WILL BE AVAILABLE ON YOUTUBE AND OUR WEBSITE

COLLEGE.EMORY.EDU/ORIENTATION

EC.ORIENTATION@EMORY.EDU | 404.727.9000